

Meet our AHC Presenters & Leadership

Adrienne Christy, Community Health Programs Manager, Tri-County Health Network



As Community Health Programs Manager at Tri-County Health Network, Adrienne is committed to expanding health equity and addressing health related social needs for rural Coloradans. She works on population health projects focusing on chronic disease prevention, social determinates of health and care coordination of high utilizers. Adrienne received her B.A. from the University of Colorado at Boulder and developed her passion for public health during a semester abroad studying community and public health in Durban, South Africa. Adrienne was born and raised in Denver, Colorado and has lived on the western slope for 5 years. She is passionate about the outdoors and enjoying all that Colorado has to offer with her friends, family and dog Gus (the cutest golden doodle in all the land).

Sherri Corey, Senior Community Advisor, Quality Health Network



Sherri joined the QHN in 2009. In her role at QHN, she provides consultation, education, and direction to western Colorado hospitals, healthcare facilities and providers to enhance the adoption of health information technology and exchange. Sherri is responsible for business development activities in the QHN service area, and she supports organizations with practice transformation and the transition to value-based payment models. Additionally, she assists QHN participants in the analysis and transformation of work-flows to allow for more effective care processes to occur in acute, ambulatory, and long-term care settings. Prior to joining QHN, Sherri had more than 20 years of progressive experience in the healthcare industry which included work in the insurance trade, hospital registration administration, and practice management. Her unique blend of healthcare, administrative, and health IT expertise is now focused on supporting relationships with prospective and current QHN participants to leverage the utilization of QHN systems to improve care coordination and patient outcomes.

Heather Cunningham, National Training Director, Think Tank, Inc



Immediately upon meeting Heather, one can sense that she is a caring, driven, and a focused leader. Heather incorporates the value that she sees in the connection to people, of all different life experiences, into all areas of her life. In her professional life, this means creating opportunities for others to deepen their empathy and understanding of poverty, through the development and implementation of several targeted trainings and the Cost of Poverty Experience (COPE). In developing these tools for building deeper connections, she employs a collaborative leadership style, which utilizes the real life experiences of people, the strengths of her team, and the wisdom of other experts and resources in the field. Heather obtained a dual major from Antioch University in Humanities and Human Service Administration. Heather has many professional accomplishments that show that she continues to grow and develop opportunities for people to lead thriving lives. She started her professional career providing direct service and then leading operations for a local Domestic Violence Shelter. Heather launched a statewide AmeriCorps VISTA program and provided training and coaching to a national poverty alleviation initiative. In addition to her work with Think Tank, Heather is the founder of a local nonprofit, LifEvents Inc., which helps families in poverty celebrate special milestones and create memory capital, by providing support for special events.

Shawn Davis, PDF Consulting



PDF Consulting is a public health management consulting and research organization dedicated to improving the health of individuals and low-income communities in the US. My mission is to improve the health of underserved people and communities and to provide a place where people of passion and commitment can pursue this cause. For over 15 years, Denver-based PDF Consulting has provided high-quality technical and managerial assistance to public health programs and organizations across the State of Colorado. I have implemented projects in 42 counties in Colorado. I am deeply committed to improving the health of individuals and communities. I work in partnership with governments, nonprofit organizations, and communities to improve quality, access and equity of health systems. I also collaborate with government agencies, the private sector, and local nonprofit and civil society organizations to achieve change in communities and health systems across Colorado.

Alice Douglas, Project Director and Senior Technical Assistance Specialist, CAI Global



Alice Douglas serves as a Project Director and Senior Technical Assistance Specialist at CAI and has over 10 years of experience in the public health field. She joined CAI in 2012 and during her 6-year tenure with the organization, she has led CAI's portfolio of initiatives focused on transforming health care delivery systems to better address the sexual and reproductive health needs of women. This includes CDC and foundation-funded projects to integrate evidence-based models to increase contraceptive access within healthcare settings and transforming health systems to better address the sexual and reproductive health needs of adolescents. In this role, Ms. Douglas has led efforts across the country to provide training and technical assistance to health care teams from Federally Qualified Health Centers (FQHCs) as they seek to improve their capacity to provide comprehensive, client-centered contraceptive services. Ms. Douglas graduated with a Bachelor of Science in 2007 from Vanderbilt University, and spent three years in Central America as a Peace Corps Volunteer. She completed an MPH in 2012 at Columbia University's Mailman School of Public Health with a focus in population and family health.

Sandra Dowd, Director of Care Management, Rocky Mountain Health Plans



Sandy Dowd has held the position of Director of Care Managements for Rocky Mountain Health Plans for 14 years. She has proven her keen ability to operational activities around care management in her time at RMHP. She has successfully created efficient and effective programs in Utilization Management, Case Management, Disease Management and Medicaid Care Coordination. Prior to RMHP, Sandy did similar work in the for-profit healthcare arena for Pacificare in the Denver metro area for 20 years.

Bill Fulton, Founder and Co-Executive Director, The Civic Canopy



Bill is a leader in the field of collaborative process design, small and large group facilitation, and applying research from multiple fields to the practical needs of improving communities. He founded The Civic Canopy in 2003 to create a comprehensive community change platform to help communities collaborate more efficiently and effectively. Bill provides strategic leadership for the overall organization, acts as lead facilitator on a portfolio of projects, and oversees the development of the Canopy's core services and supports. He has successfully facilitated hundreds of collaborative processes and strategic planning initiatives with groups in private, public and nonprofit sectors, ranging from single day retreats to

multi-year policy development initiatives. Bill began his career as a teacher at the Rocky Mountain School of Expeditionary Learning, then helped establish the Denver office of Facing History and Ourselves. Prior to the founding the Canopy, he was a principal and founder of Civil Conversations, LLC, a consulting firm that provides facilitation and training for business and organizations. He completed his BA at Brown University, his MA in education at the University of Colorado at Denver, and his PhD at the University of Denver and Iliff School of Theology as a way to lay the foundation for The Civic Canopy, focusing on public dialogue, civic engagement, and collaborative movement building.

Cristina Gair, Executive Director, West Mountain Regional Health Alliance



Cristina serves as the Executive Director of West Mountain Regional Health Alliance (WMRHA), a health alliance with 38+ partner organizations and involvement of more than 100+ individuals in health care, public health, government, insurance, community organizations, businesses, and more. Cristina joined WMRHA in March 2017, after serving four years as the Executive Director of the Aspen to Parachute Dental Health Alliance (2013-2017) and 2 years serving as a Program Officer for the Aspen Valley Medical Foundation (2011-2012). Cristina believes in health equity and in addressing the social determinants of health to address the whole person. Cristina provides strategic direction, leadership, oversees the implementation of the strategic plan, the Alliance programs and activities, finances and engages new partners. Cristina received her Bachelor of Journalism from the University of Missouri, and her Master of Science in Organization Leadership from Colorado State University.

Alayna Grace-Flavin, Senior Partner, RecRx



Alayna is a Senior Partner for RecRx, powered by CREA Results (a 501-C3 based out of Denver) handling outreach, recreation and medical provider relations, data reporting, and almost everything else! Previously Alayna worked for the City of Westminster in recreation and as an Executive Administrator for Global Service Associates, a small global non-profit. She also acted as a Court Appointed Special Advocate (CASA) for several years. Alayna has a degree in Applied Sociology (Statistical) and Spanish. She is married and a mother to a beautiful little girl, Lucy (18 months) and her passions include weight lifting, cooking, playing strategy games, and her job, which she does from home.

Sally Henry, AHC Project Coordinator, Rocky Mountain Health Plans



Sally is the Accountable Health Communities Model Project Coordinator at Rocky Mountain Health Plans. She is the bridge between AHCM community leads and RMHP working to both equip and resource leads and practices to successfully engage the AHCM project in all its facets. Sally has been with RMHP since 2017, with her first year and a half in the care management realm providing care coordination in Montrose and Delta counties as well as creating and strengthening community connections there. She has worked extensively in the past doing community outreach and working to engage local churches with community needs. Sally is an ordained Presbyterian Minister and prior to coming to RMHP she pastored a church in rural NC. She received her bachelor's degree in Sociology from Colorado Mesa University and she has a Masters of Divinity from Pittsburgh Theological Seminary.

Emily Hunter, Rural Enrollment Manager, Hunger Free Colorado



Emily is the Rural Enrollment Manager for Hunger Free Colorado, a statewide nonprofit organization that connects people to food resources and fuels change in policies, systems and social views to ensure no Coloradoan goes hungry. Emily has many years' experience as a community educator, and in agricultural and food systems issues. She is inspired by the passion of rural Coloradans to create vibrant communities that enable everyone to live up to their best potential. She has a Masters in City and Regional Planning from Cornell University.

Kathryn Jantz, AHC Director, Rocky Mountain Health Plans



Kathryn is the Accountable Health Communities Model Director at Rocky Mountain Health Plans. In this position, she is responsible for social determinants of health and population health strategies across all lines of business. Kathryn has more than 10 years of experience in health care and health care policy. She has worked extensively at supporting efforts that further healthcare delivery system reform and is especially passionate about the nexus between healthcare and social determinants of health. Previously, she was the Strategy Lead for the development of the Accountable Care Collaborative Phase II at the Colorado Department of Health Care Policy and Financing. She has a Masters in Social Work with a focus on Clinical services and a Masters in Public Health with a focus in Public Health Law.

Katharine Keenan, Energy Assistance Program Coordinator, Energy Outreach Colorado



Katharine Keenan joined Energy Outreach Colorado's Development team in 2014. In 2015, she transitioned to the Energy Assistance program where she coordinates the administration and implementation of a multimillion dollar grant to assist low-income Coloradans with their home energy bills. She serves as a liaison between Energy Outreach and its network of almost 100 assistance agencies as well as advocates on behalf of low-income energy consumers. In addition, Katharine develops grant administration policies and procedures and serves as the program's database administrator. She has nearly two decades of experience in the nonprofit sector with prior experience ranging from media relations to recruiting. Katharine holds a BA in French Language and Literature from Oberlin College.

Marci Mattox, Navigation Network Coordinator, The Health Partnership



Marci is the Navigation Network Coordinator for the Health Partnership Serving Northwest Colorado. Along with her role in connecting clinical and social service providers through the AHC Model, she also leads county networks of community service providers by bringing them together, identifying gaps and reducing duplication in each community. Marci has a Bachelor's Degree in Exercise Science. She enjoys personal training on the side and coaches classes at CrossFit Steamboat. She loves the beauty of Steamboat and enjoys the mountain town lifestyle. She has two grown daughters who happen to be her favorite people on the planet.

Douglas McCarthy, Senior Research Director, Commonwealth Fund



Doug leads a team that has conducted more than 100 case studies of promising practices and innovations in health care delivery. He helped develop the Fund's Scorecards on State Health System Performance and led their production from 2014 to 2018. His 30-year career has spanned roles in government, corporate, and nonprofit organizations, including the Institute for Healthcare Improvement and UnitedHealth Group's Center for Health Care Policy and Evaluation. He was a public policy fellow at the University of Minnesota's Humphrey School of Public Affairs and a leadership fellow of the Denver-based Regional Institute for Health and Environmental Leadership. He serves on the board of Colorado's Center for Improving Value in Health Care and his expertise is in health care reform.

Tessa McInnis, Project Manager, Community Resource Network



Tessa McInnis is the Project Manager for the Community Resource Network (CRN) initiative for Quality Health Network (QHN). As part of that work, she is also helping with the management of the Accountable Health Communities Model in Western Colorado. She earned her Bachelor's degree in Computer Information Systems with a minor in Communication from Bryant University. QHN is a not-for-profit community partnership designed to support the adoption of health information technology, provide information exchange services, and promote innovative uses of electronic information to improve health across western Colorado.

Lauren McClanahan, Director of Strategic Initiatives, Energy Outreach Colorado



Ms. McClanahan joined Energy Outreach Colorado (EOC) this past year to lead the expansion of community partnerships to support EOC programming. Prior to joining Energy Outreach Colorado, Ms. McClanahan was with Denver Public Schools Family and Community Engagement (FACE) building organizational capacity, overseeing staff, professional development and engaging community partners. Ms. McClanahan has worked and managed in various capacities in the fields of education, non-profit fundraising, human services and technology. Ms. McClanahan holds a BA in Human Development and Family Studies and a MA degree in Communications.

Stephanie Monahan, Interim Director, The Health Partnership



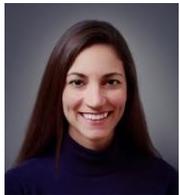
Stephanie is known for her expertise in cross-sector partnership building, program development, and comprehensive system. She has experience working with diverse community stakeholders implementing evidence based and informed approaches to community health care. She has developed and overseen a diverse portfolio of collaborative early childhood efforts. Stephanie most recently provided leadership and oversight for the Early Childhood Colorado Partnership, creating connections across sectors. She enjoys spending time with her family, practicing hot yoga, fly fishing, and being creative in the kitchen.

Eve Presler, Care Management Manager, Rocky Mountain Health Plans



Eve has been with Rocky Mountain Health Plans for over four years working in various areas to include Care Coordination, Program Development and Management. Prior to Rocky she led a non-profit program focused on providing support for the hardest to serve individuals in La Plata County. With over 20 years' experience working with high-risk, vulnerable populations Eve has had the opportunity to explore numerous models that help address the culture of poverty and through this exploration has become a Certified Trainer of the Bridges Out of Poverty and Bridges to Health and Health Care framework. It is her personal and professional goal to create communities where everyone feels respected, feels a sense of belonging and has the resources necessary to bring their future story to fruition. Eve works remotely from her home in Durango Colorado and in her free time enjoys gardening, cooking and relaxing with her cats.

Sarah Robinson, Program Integration Manager, Mesa County Public Health



Sarah earned her Master's in Social Work from the University of North Carolina and has 17 years of experience working with community organizations. Sarah works on the back side of agencies and programs to align processes so that community members can access services smoothly on the front side.

Namrata Shrestha, Regional Health Connector, West Mountain Regional Health Alliance



Namrata joined WMRHA as the Regional Health Connector for Region 12 (Eagle, Garfield, Pitkin, and Summit counties) in 2017 to identify the priority physical and behavioral issues facing the region, create connections with healthcare providers and other community organizations, and finally develop projects to address these issues and the region's social determinants of health. Namrata has a Bachelor of Science in Biology from Wichita State in Kansas. Namrata is a native of Nepal, and she worked with Water, Sanitation, and Hygiene (WASH) in the international platform with a variety of partners including Governments, INGO (UNICEF, World bank, WSSCC), NGO (Red Cross Nepal, CODEF) and foreign aid program like USAID around WASH.

Jennifer Stepleton, Housing Development Specialist, Department of Local Affairs



Jennifer is a Housing Development Specialist with DOLA's Division of Housing (DOH), and is based out of the Grand Junction office. DOH provides gap financing for rehabilitation and new construction of affordable housing developments, as well as funding for administration of rehabilitation and down payment assistance programs. Her role as a development specialist is to provide technical assistance to local housing agencies, analyze and underwrite requests for financing, and build local capacity to address community housing needs. Her region covers the Western Slope including the following counties: San Miguel, Ouray, Hinsdale, Gunnison, Montrose, Delta, Mesa, Pitkin, Eagle, Garfield, Rio Blanco, Moffat, Routt, and Jackson. She comes from a background in city planning and public health emergency preparedness, and has lived in Mesa County for the last 8 years.

Liz Stuewe, Training and Technical Assistance Manager, Violence Free Colorado



Liz Stuewe, JD, started her work in the domestic violence field as a shelter volunteer over 10 years ago and has worked in various ways to end violence including as a lobbyist, support group leader, community educator, court advocate, health advocate, and shelter manager. Liz studied domestic violence law and policy at the University of Kansas and the Washburn University School of Law.

Cindy Wilbur, Community Resource Network Director, Quality Health Network



Cindy joined Quality Health Network (QHN) in 2017 as the Director of the Community Resource Network, bringing to the position her knowledge as a nurse leader with a diverse background and over 20 years of inpatient and outpatient experience. She is a passionate patient advocate with a proven track record of coordinating teams and creating process improvements to achieve excellence in clinical and financial outcomes. Her expertise includes speaking as a regional and national expert on practice transformation, patient care delivery, and population management. Prior to her position at QHN she led St. Mary's Family Medicine Center's participation in state and federal initiatives, including Patient Centered Medical Home, Colorado State Innovation Model (Cohort 1), and their recently awarded participation in the CMS Comprehensive Primary Care Plus--Track 2. Cindy is a past President of the Family Medicine Registered Nurses Association and a Nightingale Luminary Award nominee.